

## PUBERTY, GROWTH AND DEVELOPMENT LESSON – YEAR 6

Dear Parent

The Puberty, Growth and Development lesson called All About Growing Up, Me, Myself and I will be delivered to children in Year 5 & 6 by the community school health nurse, with the school teaching staff. The Year 6 session will be held on **Monday 10<sup>th</sup> September**. Below is a description of the content of the lessons your child will be involved in. Please read the following information.

**If you do not wish** for your child to attend the Puberty, Growth and Development lessons please complete the tear-off slip at the bottom of the page and return it to the school health nurse or teacher as soon as possible.

The lesson will include the following topics:

### Lesson Two – Puberty

Content:

Students will be able to describe the male and female developmental changes occurring during puberty.  
Students will be able to identify the changes in hormones for males and females occurring during puberty.  
Students will be able to identify the male and female sexual/reproductive organs/systems.  
DVD- Living & Growing Series 2 OR Busy Bodies (both endorsed by Department of Health).

If you have any questions or queries about the puberty lessons or wish to speak with your child's school health nurse please do not hesitate to contact her on the number. (School Health Nurse: Fiona Ewing 0434 070 414).

Thank you.

Brian Crouch, Will Heron, Sue Horoch, Gail McLay, Deb Taylor and Ashleigh Turvey  
Year 6 Class Teachers

---

## PUBERTY, GROWTH AND DEVELOPMENT LESSON – YEAR 6

I \_\_\_\_\_ (parent) **do not** give my permission for my child  
\_\_\_\_\_ (student) Room # \_\_\_\_\_ to participate in the All About Growing  
Up, Me, Myself and I Puberty Lessons.

Parent Signature: \_\_\_\_\_ Date: \_\_\_\_\_