

## BURRENDAH PRIMARY SCHOOL SCHOOL CROSS COUNTRY

Dear Parents

This term the students have been striving to improve their aerobic fitness through class fitness sessions. They have been developing an understanding of the importance of regular physical activity in developing a healthy lifestyle.

Forming an important part of the programme for all Year 3, 4, 5, and 6 students is the House Cross Country Carnival. It provides an opportunity for children to work at their own level and endeavour to gain points for their team. The carnival will assist in the selection process for the inter-school cross country team.

**When:** Thursday 21<sup>st</sup> June 2018

**Time:** Year 3 and 4 9:30am—10:30am  
Year 5 and 6 11:30am—12:30pm

**Where:** Burrendah Reserve. All students will walk to the reserve under the supervision of their teachers.

**Dress:** House colour t-shirts, sports uniform, hat, a drink bottle and suitable shoes.

**Distance:** Year 3—1000 metres, Year 4/5—1500 metres, Year 6—1800 metres

**Cost:** Nil

Please ensure the permission form and student update form is handed to your class teacher by Tuesday 19<sup>th</sup> June 2018

Brian Crouch  
Senior Physical Education Specialist

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### SCHOOL CROSS COUNTRY CARNIVAL

I have read and understood the above information regarding the School Cross Country Carnival at Burrendah Reserve on Thursday 21<sup>st</sup> June 2018 and give my consent for my son/daughter \_\_\_\_\_, Room # \_\_\_\_\_ to attend and participate in training.

Where it is not practical to communicate to me, I authorise the teacher in charge of the excursion to consent to my child receiving such medical treatment as may be considered necessary. I am aware that Department of Education insurance does not cover personal accidents through misadventure nor loss or damage of personal belongings.

Parent/Guardian Signature: \_\_\_\_\_ Date: \_\_\_\_\_